



High School Starters Program (No horse experience necessary)

During a School Starters session, participants engage with horses while being supervised. The participant is guided through activities and interactions to help them process their emotions and learn skills to support themselves with the transition to high school.

Pindari Equine Assisted Therapy
and
Counselling



Contact us :
pindari.equine@outlook.com
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High School Starters

Starting high school can be quite stressful.

This program is designed to help young people learn strategies to support themselves with the transition to high school.

- 3-hour session
- 4 People maximum
- Cost \$100 per person

Dates

Tuesday 14th January
9am

Wednesday 15th January
1 pm

Tuesday 21st January
9am

Wednesday 22nd January
1 pm



www.pindariequine.com.au

At Pindari we offer the opportunity to connect in a safe, supportive environment to improve growth and healing.

What to bring:

- Closed in shoes.
- Hat
- Water bottle

Wheelchair accessible.