## Pindari



## **Life Skills and Horse Care Program**

Our 10-week Life Skills Program is designed to teach participants significant, transferable life skills within a safe and supportive equine assisted therapy environment.

- Awareness
- Safety
- Trust
- Communication
- Self-esteem
- Working as a team
- Problem solving
- Diversity and inclusion
- Respect

Please follow the link to see more information:

Pindari Life Skill Program power point v2.pptx

Pindari Equine Assisted Therapy and Counselling

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